
Free Sunday Walking Tours take place every first and third Sunday of the month, including holidays, from 10:30 a.m. to 12 noon.

Meet at the benches, across the road from the south side of Grenadier Restaurant in the middle of High Park.

Walks may go on wooded trails, so please wear appropriate clothing and footwear.

Walks are led by volunteer scientists, historians, and local naturalists who will help you to understand and explore High Park's many significant features.

Walking Tours are volunteer-led with the support of Toronto Parks, Forestry and Recreation.



www.highparknature.org

www.highpark.org

walkingtours@highpark.org

Phone: 416-392-0729 ext. 4

High Park Nature Centre

The Nature Centre offers year-round outdoor education programs that provide the opportunity to gain an appreciation of the park's unique ecosystems and to participate in the restoration of the park's natural areas. Call the Nature Centre at 416-392-1748 or visit highparknaturecentre.com

Volunteer Stewardship

Join the Volunteer Stewards and the Toronto Urban Forestry staff in restoring wildlife habitat and increasing biodiversity in High Park. You can help with planting, watering, seed collecting and controlling invasive species. You can also learn about the environment through presentations and field trips. Sessions are held on the 2nd and 4th Sundays of each month except December.

To volunteer, send an email to: stewards@highparknature.org

Visit Colborne Lodge

Visit the house where John and Jemima Howard lived – the founders of High Park. This historic museum is run by the city and features many original furnishings and artifacts.

Call (416) 392 6916.

HIGH PARK WALKING TOURS

2011 Schedule



Join us

for a walk in the park

High Park Walking Tours - 2011 Sunday Morning Walks

January - April

- Jan 2** How plants and animals survive the winter
Pat Parent
- Jan 16** Winter Wonderland
Photo-Buffer Walk
David Allen
- Feb 6** Winter Tree Identification
Toronto Urban Forestry
- Feb 20** High Park
Through the Ages
Dave Berndorff
- March 6** Discover the Park
Through Archival Photos
Terry Fahey
- March 20** Art in the Park
Grace Petrucci
- April 3** Myths and Legends of High Park
Colborne Lodge
- April 17** Lost Waterways
Leo DeSorcy

May - August

- May 1** Grenadier Pond Awakes
Christine Tu
- May 15** Returning Migratory Birds
Steven Favier
- June 5** Spring Babies at the Zoo
Sonia Pittkrest – Zookeeper
- June 19** June Wildflowers
Ron Luft
- July 3** Summer Sunshine
Photo-Buffer Walk
David Allen
- July 17** Caterpillars, moths, and butterflies
Don Scallen
- Aug 7** Backstage at Canstage
Rob Kempson
- Aug 21** The Oak Savannah
Jane Schmidt

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Sept - December

- Sept 4** Fall Wildflowers
Ron Luft
- Sept 18** Who Goes to the Park
A poetic visit to sites from the well-known book
- Oct 2** Fall Migratory Birds
Steven Favier
- Oct 16** Autumn Splendor
Photo-Buffer Walk
David Allen
- Nov 6** Scavenger Hunt Walk
Discover the hidden treasures of the park with the Walking Tours Committee
- Nov 20** High Park
Through the Ages
Dave Berndorff
- Dec 4** The Park Readies for the Winter
Terry Fahey
- Dec 18** Holiday Hike and Brunch
Walking Tours Committee