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## High Park Nature Centre

The Nature Centre offers year-round outdoor education programs that provide the opportunity to gain an appreciation of the park's unique ecosystems and to participate in the restoration of the park's natural areas. Contact the Nature Centre at 416-392-1748 or [naturecentre@highpark.org](mailto:naturecentre@highpark.org)

## Volunteer Stewardship

Volunteers since 1996 assist the City of Toronto Restoration Crew in returning the natural areas of High Park to pre-settlement conditions and encourage the use of native plants. Activities range from planting, weeding and watering to native plant sales, presentations and field trips. E-mail: [vsp@highpark.org](mailto:vsp@highpark.org) or 416-392-1748 for an audio event listing.

## Become a "Friend of High Park"

Support the park by joining High Park Initiatives (HPI), a registered charity dedicated to environmental education and stewardship programs in Toronto's High Park woodland, savannah and wetland ecosystems.

Contact: [membership@highpark.org](mailto:membership@highpark.org)

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**Free Sunday Walking Tours** take place every second and fourth Sunday of the month from 10:30 a.m. to 12 noon. Meet at the benches, across the road from the south side of Grenadier Restaurant in the middle of High Park.

Walks may go on wooded trails, so please wear appropriate clothing and footwear.

Walks are led by volunteer scientists, historians, and local naturalists who will help you to understand and explore High Park's many significant features.

Donations to Friends of High Park are welcomed.

Walking Tours are organized by:



[www.highpark.org](http://www.highpark.org)

[walkingtours@highpark.org](mailto:walkingtours@highpark.org)

Phone: 416-392-1748 ext. 5

# HIGH PARK WALKING TOURS

## 2010 Schedule



[www.highpark.org](http://www.highpark.org)

# High Park Walking Tours - 2010 Sunday Morning Walks

## January - April

- Jan 10** How Plants and Animals Survive the Winter  
*Pat Parent*
- Jan 24** Winter Wonderland Photo-Buff Walk  
*David Allen*
- Feb 14** Winter Tree Identification  
*Toronto Urban Forestry*
- Feb 28** High Park Through the Ages  
*Dave Berndorff*
- March 14** Discover the Park Through Archival Photos  
*Terry Fahey*
- March 28** The Mayor's Walk  
*Mayor David Miller*
- April 11** Grenadier Pond Awakes for the Spring  
*Christine Tu*
- April 25** Lost Waterways  
*Leo DeSorcy*  
*(Note: This walk may last up to 3 hours)*

## May - August

- May 9** Returning Migratory Birds  
*Steven Favier*
- May 23** Myths and Legends of High Park  
*Colborne Lodge Staff*
- June 13** Spring Babies at the Zoo  
*Zoo Staff*
- June 27** June Wildflowers  
*Ron Luft*
- July 11** Summer Sunshine Photo-Buff Walk  
*David Allen*
- July 25** From Caterpillars to Butterflies  
*Don Scallen*
- Aug 8** Plants of the Oak Savannah  
*Jane Schmidt*
- Aug 22** Behind the Scenes at Canstage

**Free Walking Tours** take place every second and fourth Sunday of the month from 10:30 a.m. to 12 noon, starting at the benches just south of Grenadier Restaurant.

## Sept - December

- Sept 12** Fall Migratory Birds  
*Steven Favier*
- Sept 26** Fall Wildflowers  
*Ron Luft*
- Oct 10** Who Goes to the Park – A poetic visit to sites from the well-known book  
*Walking Tours Committee*
- Oct 24** Autumn Splendour Photo-Buff Walk  
*David Allen*
- Nov 14** High Park Through the Ages  
*Dave Berndorff*
- Nov 28** Man-Made Marvels  
*Sophie and Mark Ellwood*
- Dec 12** The Park Readies for Winter  
*Terry Fahey*
- Dec 26** Holiday Hike and Brunch  
*Hosted by the Walking Tours Committee*